



## How I unlocked the power of self-care (and how you can too) 🧘

1 message

Dear Sundav Skincare <info@dearsundayskin.com>

Sat, Aug 5, 2023 at 11:24 AM

Hey Leah!

What if you could put your busy life on pause for a moment to catch your breath and recharge? Wouldn't that be amazing?

Well, I have some good news for you. You don't need a magic button to do that. You just need Dear Sunday Skincare! 😊

Most people don't know that before I created my skincare brand, I served in the U.S. military.

I loved serving my country, but it could be very demanding. I realized if I wanted to be the best version of myself, I needed to be intentional about my self-care.

So, I started a ritual that changed my life.

Every Sunday, I'd take time to pamper myself with skincare treatments, music, and affirmations. It was like a mini spa day at home. It helped me feel refreshed, confident, and ready for anything.

I wanted to feel that way every day, and I believed there were others like me who wanted to feel that way too.

That's how Dear Sunday Skincare was born.

Our products are made with clean ingredients that are gentle on your skin. They're designed to help you wash away the negativity of the day and hydrate your soul with peace, love, and gratitude.

If you're ready to kickstart your self-care journey, then click [here](#) to shop now! And, if you love what you buy, I'd love to hear all about it. You can always reach me at [kenya@dearsundayskin.com](mailto:kenya@dearsundayskin.com)

With love,



Kenya Staples  
Founder & CEO, Dear Sunday Skincare

## RECOMMENDED FOR YOU



### Sunkissed Trio

Cleanser, toner, moisturizer - 4oz

\$45.00

[Shop now](#)



### Mini Sunkissed Trio

Cleanser, toner, moisturizer - 2oz

\$25.00

[Shop now](#)